

East Midlands Integrated Stroke Delivery Network

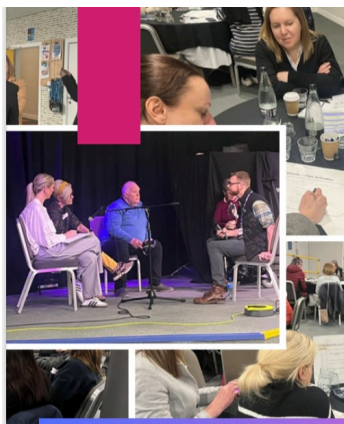


Issue 20, February 2025

"THE DISTANCE IS NOTHING; IT'S ONLY THE FIRST STEP THAT IS DIFFICULT"

MARQUISE DU DEFFAND

EAST MIDLANDS ISDN STROKE REHABILITATION CONFERENCE 2025



HOT TOPICS

- NATIONAL UPDATE AND SQUIRE
- VISION
- THE YOUNG PERSON'S STROKE PATHWAY AND EXPERIENCE
- SPASTICITY
- PSYCHOLOGY
- SPECIALIST SEATING
- SECONDARY STROKE PREVENTION
- TELEREHABILITATION

2025

EAST MIDLANDS ISDN STROKE REHABILITATION CONFERENCE

Wed,
2nd
April
2025
—
09:00-16:30

Trent Conference
Centre, Easter Park,
Lenton Lane, NG7 2PX

[BOOK NOW](#)

We are very pleased to invite you to join us at our
East Midlands ISDN Stroke Rehabilitation Conference
on Wednesday 2nd April 2025.

The full agenda for the day will be provided soon. As already confirmed, the conference will be free to attend and is open to all with input into and a working interest in the provision of rehabilitation to stroke survivors - both from the acute and community settings!

As part of the conference, we also plan to have a
Poster Exhibition

Showcasing some of the extraordinary work you and your teams are involved in. If you would like to submit a poster for the event, please send details to nuhnt.eastmidlandsisdn@nhs.net with "Poster Submission" as the subject - we really look forward to receiving these.

Places are available on a first come first served basis. Please forward this invite to other members of your teams who you think may also wish to attend the conference.

Please register for the event [here](#).

We can't wait to see you there!

HEART MONTH 2025



Heart Month 2025

Heart Month in the UK for 2025 will run from February 1–28. This month focuses on raising awareness about heart health and supporting organisation dedicated to improving cardiovascular well-being. People are encouraged to participate in various activities to promote heart health during this time.

How you can help during Heart Month

- [Learn CPR](#)
- [Donate](#)
- [Go Red](#)

For more ways to participate please visit the BHF website [here](#).

We would love to see/hear what your teams get up to during February!

NATIONAL STROKE NURSING FORUM

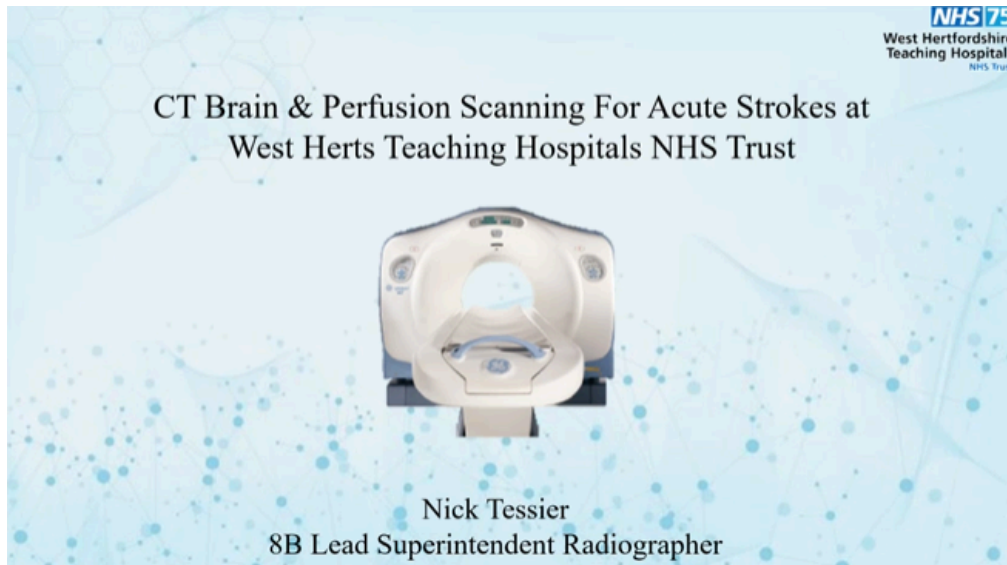


National Stroke Nursing Forum

The National Stroke Nursing Forum (NSNF) originated in 2001 at the first Stroke Nurses Conference and was launched in 2003, quickly gaining over 200 members by the end of its first year.

Since then, it has built strong connections with organisations like the Intercollegiate Stroke Working Party, UK Stroke Forum, Stroke Association, and others. The NSNF contributed to the development of the National Stroke Strategy in 2008.

Moving forward, it aims to better support its members by fostering local networks and offering opportunities to advance specialised practice.



On 10th February, the East Midlands ISDN hosted a regional webinar to support the implementation of CT Perfusion (CTP) imaging in stroke across the region. The session was primarily aimed at radiographers, however, was also well attended by stroke physicians and radiologists

We extend our sincere thanks to Nick Tessier, the Lead Superintendent Radiographer at West Hertfordshire Hospitals NHS Trust, for delivering an insightful presentation. His talk covered the evolution of CTP in stroke care, current practices, protocols, case studies and included ample opportunity for Q&A.

The session will be repeated on the 24th Feb 1-2pm, if you would be interested in attending please contact w.goodenough@nhs.net

PREHOSPITAL TRIAGE ROLL OUT



East Midlands Ambulance Service (EMAS) have been running a pilot in Leicestershire for the past 12 months, whereby ambulance clinicians have been able to hold a video triage call with stroke consultants or Stroke Nurse specialists at Leicester Royal Infirmary stroke unit from the patient's home. This has seen significant benefits to 25% of patients who were able to be safely left at home with alternative arrangements following this assessment.

On Monday 27th January, EMAS Clinical Governance team signed off on the rollout of this process across the rest of the East Midlands. Plans are now being drawn up between EMAS, United Lincolnshire Teaching Hospitals and Northampton General Hospital as the next sites to begin this process. As well as reducing unnecessary conveyances to ED, evidence from other pilot schemes of this nature have seen significant reduction in door-to-scan times for suspected stroke patients, improving access to treatment and patient outcome. Nottinghamshire and Derbyshire hospitals will be included in the second phase of the roll out later this year.

LINCOLNSHIRE CLEAR PROJECT UPDATE



On Wednesday 29th January, Claire Brewster and Sarah Ali from 33n presented an update on the status of the Clinically-Led workforce and Activity Redesign (CLEAR) project. At this point, the team had engaged with over 60 frontline staff across Lincolnshire's stroke pathway, with this clinical engagement due to be completed within the next week. Many "quick wins" have been captured during the first two weeks of clinical engagement and an implementation plan will be developed following this. A skills for Health framework / approach to Skills Matrix is under review with a final plan to be concluded during February. A final plan and the design and delivery of a toolkit and national recommendations will follow.

As part of the next stage of the process, the CLEAR team are arranging a series of workshops, the first of which will be taking place on 25th / 26th of February, providing opportunities to shape the future of stroke services.

BIASP WEBINAR



**British & Irish Association
of Stroke Physicians**

*Advancing stroke medicine
1999 - 2024*

The webinar titled "Tenecteplase in Ischaemic Stroke - The Evidence So Far" will

take place on 12th March 2025 from 17:30 to 18:30. The speaker for the event is Prof. Keith Muir.

To attend, you can register through the provided Zoom link: [Registration Link](#).



If you would like to share the fabulous work done by your teams across East Midlands or have a story, we would love to hear from you!

Working in partnership with



If your teams don't regularly access email, please share this email. Please don't share outside of the organisation.

For more information please contact us at:
EastmidlandsISDN@nhs.net