

East Midlands Integrated
Stroke Delivery Network



Issue 21, March 2025

"IT ALWAYS SEEMS
IMPOSSIBLE UNTIL IT IS
DONE "

NELSON MANDELA

EAST MIDLANDS ISDN STROKE REHABILITATION CONFERENCE 2025

East Midlands Integrated
Stroke Delivery Network



**EAST MIDLANDS STROKE
REHABILITATION
CONFERENCE**
Wednesday, April 2nd, 2025
09:00 AM - 16:30 PM

Venue
Trent Conference Centre,
Easter Park, Nottingham
NG7 2PX

09:00 - 09:30	Registration and Coffee
09:30 - 09:40	ISDN Welcome
09:40 - 10:00	National & SQuRe Update Rebecca Fisher - National Stroke Programme Manager
10:00 - 10:50	Managing the Younger Persons Stroke • Young Stroke Lived Experience - Vicky Prussia - Stroke 2 Strength • North Staffordshire Young Stroke Pathway - Margunte O'Mara - Occupational Therapist & Trainee Advanced Clinical Practitioner - Midlands Partnership NHS Foundation Trust
10:50 - 11:30	Vision: Assessment and treatment for visual changes post stroke Rowena Padamsey - Clinical Specialist Occupational Therapist - Nottingham University Hospitals NHS Trust Michelle McMillan - Highly Specialist Stroke Occupational Therapist/Community Stroke Team Lead - Nottinghamshire Healthcare NHS Trust
11:30 - 12:00	Refreshment and Poster Viewing
12:00 - 12:30	Neuropsychology in Stroke Services Dr Steve Green - Consultant Clinical Neuropsychologist Lincolnshire Stroke Service
12:30 - 13:00	Secondary Stroke Prevention - Making it count Alison Whear - Advanced Clinical Practitioner - Hertfordshire Community NHS Trust
13:00 - 14:00	Lunch
14:00 - 15:00	Conversational Café • ACP Role in Stroke Rehabilitation - Margunte O'Mara - OT & Trainee ACP - MPFT • Stroke Prevention - Alison Whear - ACP - Hertfordshire Community NHS Trust • Specialist Seating - Jack Cockayne - Physiotherapy Professional Lead / Team Lead - Lincolnshire Stroke Service & Amy Evans - Clinical Services Lead • Telerehab (TELSTAR) - Dr Niki Chouliara - Research Fellow, Stroke rehabilitation research - University of Nottingham
15:00 - 15:15	Break
15:15 - 15:45	Navigating the delivery of a community-based spasticity model Claire Ward - Consultant Physiotherapist - Advanced Clinical Practitioner in Spasticity Management - Wandsworth Community Neuro Team
15:45 - 16:15	How to rest What is rest? Can we practice and get better at it? How do we find the time to rest when there are so many demands on us? Douglas Youngson - Learning and Development Trainer - Stroke Association
16:15 - 16:30	Closing

To book your place scan the QR code:



We'd like to kindly remind you about our invitation to join us at the **East Midlands ISDN Stroke Rehabilitation Conference** on **Wednesday, 2nd April 2025**. It promises to be an informative and engaging event, and we would be thrilled to have

you with us.

Please see full agenda above.

If you haven't registered yet for the East Midlands ISDN Stroke Rehabilitation Conference on April 2nd, 2025, please do so soon. Also, feel free to share this invite with other team members who may be interested in attending.

Please register for the event [here](#).

We can't wait to see you there!

CONFERENCE POSTER EXHIBITION

2025 EAST MIDLANDS ISDN STROKE REHABILITATION CONFERENCE

Wed, 2nd
April 2025
—
09:00-16:30

Do you have a poster showcasing innovative work in stroke rehabilitation?



We are inviting clinicians to submit posters to be displayed at the East Midlands ISDN Rehabilitation Conference. This is a great opportunity to share your work, highlight best practice and engage with colleagues from across the region.

Any stroke rehabilitation related work, including service improvements, research, case studies and audits

Please send submissions / queries to nuhnt.eastmidlandsisdn@nhs.net



The ISDN will handle the printing, just send us your file!



DEADLINE

Deadline for submission is Friday 14th March 2025!



All accepted posters will be displayed at the conference!

We look forward to showcasing your work!



Trent Conference Centre,
Easter Park, Lenton Lane,
NG7 2PX



We'd love to showcase the amazing work you and your teams are doing.

To submit a poster for the event, please email details to nuhnt.eastmidlandsisdn@nhs.net with "Poster Submission" in the subject line.

We look forward to receiving them!

CONFERENCE EXHIBITORS



The East Midlands ISDN Rehabilitation Conference is fast approaching on **1st April 2024**, and we are excited to share that, for the first time, the event will feature sponsors and exhibitors. This will provide attendees with a fantastic opportunity to explore innovative products, services, and support available for stroke rehabilitation.

We are delighted to welcome **Grippable, Reneural, Innerva, Social Ability, Thor Technologies, Rosemont Pharmaceuticals, Different Strokes, and the Stroke Association**, who will be showcasing their work and engaging with clinicians throughout the day. Their presence will add a new dimension to the conference, offering valuable insights into the latest developments in rehabilitation technology, therapy, and patient support.

With an exciting agenda of expert speakers, interactive discussions, and now the addition of exhibitors, this year's conference promises to be an unmissable event for anyone involved in stroke rehabilitation.

We look forward to seeing you there!

SAME DAY EMERGENCY CARE



Optimising same day emergency care (SDEC): Practical steps for success

Same day emergency care (SDEC) is transforming urgent and emergency care—reducing unnecessary hospital admissions, improving patient flow and enhancing patient experience. But how do you build an effective SDEC service or optimise an existing one?

Join for a **free, insightful webinar** where practical strategies and real-world learning will be shared from the **National CLEAR Programme's** work with SDEC teams across the country.

- **Date:** Tuesday, 1 April
- **Time:** 13:00 – 14:00

What you'll gain

- **Proven strategies** for setting up and optimising an SDEC service
- **First-hand insights** from frontline clinicians leading SDEC transformation—from London's busiest trusts to specialist frailty SDECs
- **Latest thinking** from NHS England and CLEAR on how SDEC fits into the urgent and emergency care system

Whether you're **launching an SDEC service or looking to refine existing processes**, this webinar will provide **actionable steps** to improve performance, patient flow and care quality.

Don't miss out! [Register now](#) to secure your spot.

CVDPREVENT - ICB QI DATA PACKS



The CVDPREVENT team are very pleased to announce that the **ICB QI Data Packs** have now been updated with **data up to September 2024!**

To find your local ICB pack, you can access them on our website [here](#).

The CVDPREVENT QI Data Packs contain bespoke data for each ICB for four key CVDPREVENT indicators. As well as showing you the overall ICB position when compared to other ICBs, the packs also display practice-level data to show where there is variation across the ICB.

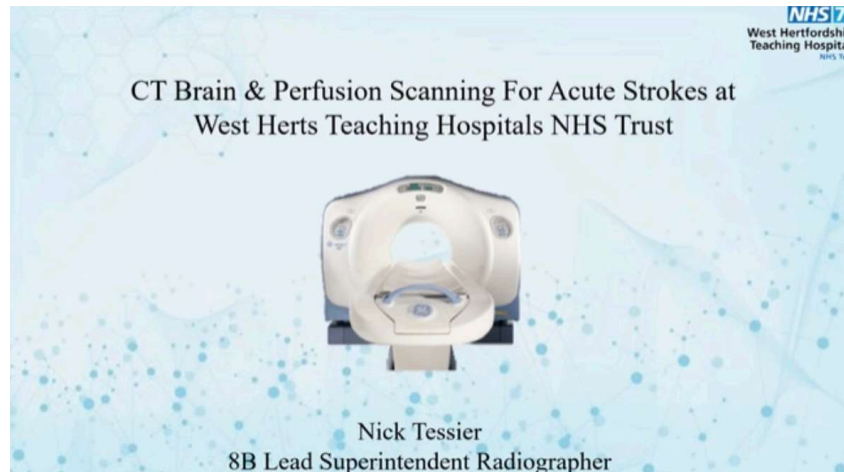
Did you know that the link icon in the top right-hand corner of each chart takes you directly to exactly that chart on the CVDPREVENT Data & Improvement Tool? This is helpful if you want to investigate the indicator further or identify the names of

specific practices in your area.

Also, have a look at the top tips for improvement. We have provided, for each indicator, some simple steps that you might be able to take to improve achievement.

If you have any questions or if you would like to share any quality improvement work that you have been doing with the data with us, please contact the Support Team via nhsbn.cvdprevent@nhs.net

CTP WEBINAR



The East Midlands ISDN recently hosted regional webinars on 10th and 24th February to support the implementation of CT Perfusion (CTP) imaging in stroke care. The sessions were well attended, with over 80 participants, including radiographers, radiologists and stroke physicians from the East Midlands.

We would like to once again thank Nick Tessier, Lead Superintendent Radiographer at West Hertfordshire Hospitals NHS Trust, for delivering an excellent presentation covering the evolution of CTP in stroke, current practices, protocols and case studies. The session also provided a valuable opportunity for discussion and Q&A.

For those who were unable to attend, the webinar recording is now available at <https://youtu.be/vgbWC5QxbjE>.

Nick is also happy to answer any further questions and can be contacted at nick.tessier@nhs.net.

BEDDED REHAB



Thank you to everyone who completed our recent Bedded Rehab Survey. We are pleased to report that all sites have now submitted their responses, and we have collated the data into ICB data packs. These will be circulated to sites shortly for review and verification.

As part of this process, we have begun follow-up site visits to gain a deeper understanding of local stroke rehabilitation services. Our first visit took place at Nottingham University Hospitals NHS Trust (NUH), where we met with team from the Hyperacute and Acute Stroke Units and Daybrook. Further visits to sites across Nottinghamshire are planned during March, followed by visits to Leicestershire, Lincolnshire, Derbyshire and Northamptonshire in the coming months.

The information gathered will help us share best practices, identify gaps, and inform recommendations for improving stroke rehabilitation pathways across the East Midlands. More details will follow soon.

**SWALLOWING
AWARENESS DAY
2025**



Swallowing Awareness Day takes place on **Wednesday 19 March**, as part of [Nutrition and Hydration Week](#).

Swallowing Awareness Day is a time to raise awareness of how speech and language therapists (SLTs) help people living with eating, drinking and swallowing difficulties.

**BIASP WEBINAR -
MARCH 25**



The webinar titled "Tenecteplase in Ischaemic Stroke - The Evidence So Far" will take place on 12th March 2025 from 17:30 to 18:30. The speaker for the event is Prof. Keith Muir.

To attend, you can register through the provided Zoom link: [Registration Link](#).

**UPCOMING
SSNAP SESSIONS
- REGISTER NOW!**



The next SSNAP drop-in session for inpatient teams will be held on **April 1, 2025, from 16:00 to 17:00**.

Registration is required, and places are limited, allocated on a first-come, first-served basis. [Register here](#).

For those who missed past webinars, recordings are available [here](#). While drop-in sessions aren't recorded, a list of frequently asked questions from previous sessions can be found [here](#).



If you would like to share the fabulous work done by your teams across East Midlands or have a story, we would love to hear from you!

Working in partnership with



If your teams don't regularly access email, please share this email. Please don't share outside of the organisation.

For more information please contact us at:
EastmidlandsSDN@nhs.net