

East Midlands Integrated Stroke Delivery Network



Issue 17, November 2024

***"Be willing to be a beginner
every single morning"***

Meister Eckhart

WORLD STROKE DAY



Hospitals in the East Midlands came together in a coordinated effort to raise awareness for World Stroke Day, with a series of events and initiatives designed to highlight the importance of stroke prevention, recognition, and support.

Across the region, hospital buildings have been illuminated in the blue and green of World Stroke Day or the purple of the Stroke Association, creating a striking visual reminder of the day's significance.

Healthcare teams are engaging staff, patients, and visitors through blood pressure checks—an essential tool in stroke prevention—offered in hospital entrances. Meanwhile, meet-and-greet sessions provide a personal touch, with volunteers and staff sharing information about strokes and available support.

Screensavers on hospital computers have been updated to showcase World Stroke Day, ensuring the campaign's message reaches even more people. Trust communications teams are amplifying awareness by sharing patient stories with local radio and TV stations.

A standout initiative involves therapy staff taking on a 2,500-mile walking challenge throughout October, symbolising the determination to support those affected by strokes and raise awareness of stroke prevention strategies.

Additionally, Lincoln hospitals have reached out to Lincoln City Football Club, seeking player engagement to tie into this year's theme, which emphasizes the emotional power of sport in recovery and awareness. There is also an opportunity for Leicester hospitals to connect with Leicester City Football Club for similar collaborations.

To ensure no one is left out, mobile teams visited wards to share information directly with patients and staff.

These efforts underline the region's commitment to making World Stroke Day a powerful reminder of the importance of prevention, swift action, and rehabilitation for those affected by strokes.

STROKE ASSOCIATION - STROKE ENCOUNTERS



There are three short clips where recent stroke survivors meet with a peer to discuss their experience, these were released as part of World Stroke Day coverage and highlight the immense power of peer support. These have proven to be really impactful and our research tells us that peer support is so vital in recovery and the videos definitely seem to reinforce that.

All three videos can be viewed here: <https://www.stroke.org.uk/world-stroke-day>

INTRODUCTION FROM THE NEW MIDLANDS SQUIRE MANAGER

An accomplished senior manager with a proven track record in driving quality improvement and strategic leadership in healthcare services. I am deeply committed to enhancing patient outcomes by ensuring high-quality care through the development and optimisation of services, frameworks, and processes. My expertise encompasses quality improvement, operational management, clinical governance, strategic planning, and managing complex healthcare projects. I bring a strategic mindset, leadership skills, and a commitment to advancing the mission of organisations that prioritise the wellbeing and support of their communities. I am passionate about fostering continuous improvement and collaborating with stakeholders to achieve sustainable growth and impactful change.



Thank you to everyone who completed our recent Bedded rehab survey!

The 2023 National Clinical Guidelines for Stroke [National-Clinical-Guideline-for-Stroke-2023.pdf](#) and NICE Guidelines [Stroke rehabilitation in adults](#), established clear recommendations for rehabilitation provision after stroke.



Following these publications and our recent Community Gap Analysis, the East Midlands (ISDN) would like to establish the current provision, organisation, staffing and resources available to stroke patients receiving bedded rehabilitation in our region.

After mapping out the current provision in the region, each team received a survey reflecting the recommendations set out in the above guidance. We now have completed surveys from all sites and are busy analysing the data.

The information collected will first be shared with the teams during follow-up site visits, and subsequently used to share best practice, identify gaps and inform recommendations for stroke pathway improvement, including communications with relevant Trusts and ICBs.

More details to follow in the coming months!

STROKE RESEARCH FELLOWSHIPS



Applications for the Postgraduate Fellowship and Clinical-Academic Postgraduate Fellowships 2024-25 are currently open.

Postgraduate Fellowship (PGF): Designed for non-clinical candidates, the PGF supports the Stroke Association's mission to expand the UK's stroke research capacity. It provides funding for future research leaders to gain skills and training for an independent stroke research career while obtaining a postgraduate qualification (MPhil or PhD).

Clinical-Academic Postgraduate Fellowship (CPGF): Focused on integrating research into clinical stroke care, the CPGF supports Nurses and Allied Health Professionals (AHPs) to bridge the gap between research and practice. In line with Health Education England's strategy, this fellowship aims to establish clinical-academic career pathways, offering training and skills development for independent stroke research careers while remaining grounded in clinical practice. Candidates can also earn a postgraduate qualification (MPhil or PhD).

The funding call for Postgraduate Fellowship applications is due to open at 11 am **on 4 November 2024**. The closing date for applications is **11 am on 31 January 2025**. Interviews will be held on **25 June 2025**.

Further information can be found here: <https://www.stroke.org.uk/research/our-funding-schemes/postgraduate-fellowships>.

SSNAP ANNUAL
REPORT

UK STROKE
FORUM

SSNAP SHARED
RESOURCES

SSNAP | Sentinel Stroke National
Audit Programme

UK STROKE FORUM

KING'S
College
LONDON **SSNAP**

**Sentinel Stroke National
Audit Programme**

The
SSNAP Annual Report 20
24 is now publicly
available

here: <https://shorturl.at/8oZOM>

The report publishes
findings over the stroke
care pathway for
patients admitted
and/or discharged
between April 2023 and
March 2024, presented
side-by-side with data
from the previous 10
years of SSNAP.

For those of you who
are attending UK Stroke
Forum, the official
conference app is now
available for download!

Get familiar with the
agenda, speakers, and
all the amazing content
they have lined up.

Download the
CrowdComms app,
enter the event code
"uksf24" to access your
personalised login and
plan your experience.

SSNAP have added to
their website resources
that have been created
by SSNAP users to help
with data collection,
inputting and analysis
in their local area. They
can be found here

<https://shorturl.at/m1xf>
J

Next Issue

TASC | UKSF | CLEAR | and more!



If you would like to share the fabulous work done by your teams across East Midlands or have a story, we
would love to hear from you!

Working in partnership with



If your teams don't regularly access email, please share this email. Please don't share outside of the
organisation.

For more information please contact us at:
nuhnt.eastmidlandsISDN@nhs.net

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