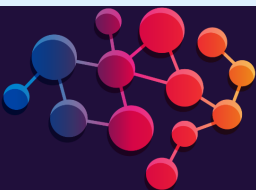


Season's Greetings!

East Midlands Integrated
Stroke Delivery Network



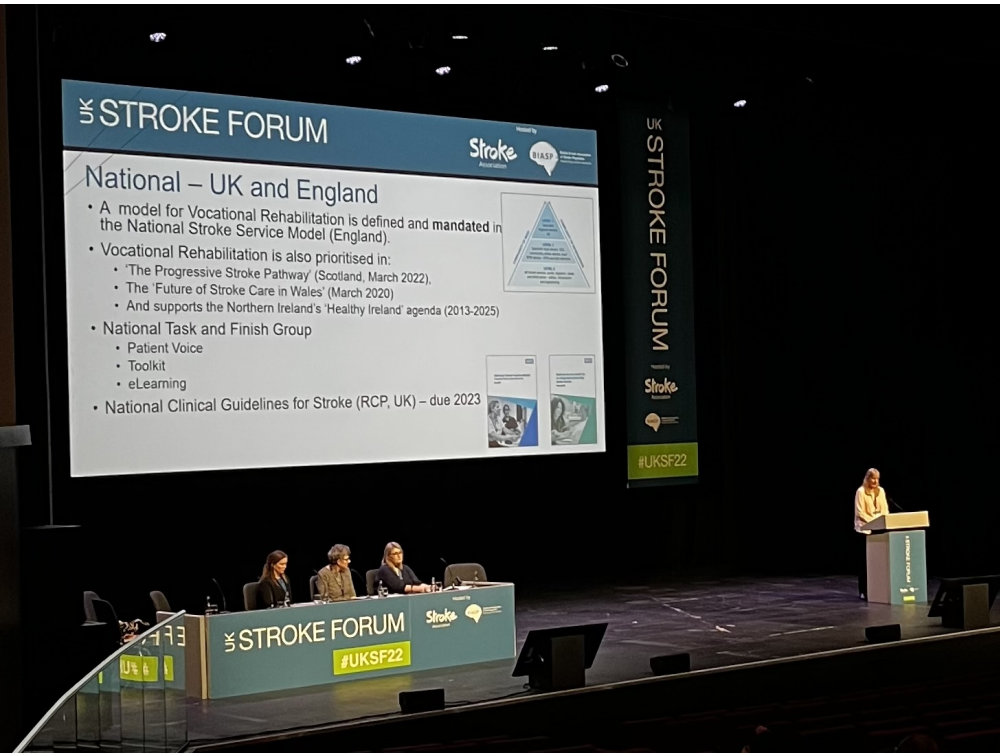
Issue 2, December 2022

Stroke accounts for roughly 75% of
deaths from cerebrovascular diseases

Stroke Association

UK Stroke Forum 2022

The UK Stroke Forum 2022 was a three day conference organised at the ACC Liverpool between November 29- December 1, 2022. The UK Stroke Forum is the UK's largest multidisciplinary conference for stroke care professionals. The EM ISDN team attended the event in person which was a fantastic opportunity for hands-on learning, networking, peer-to-peer engagement and exploring ground breaking research in the field of stroke.



Claire Lee (Community Clinical Lead) attended the UKSF along with Kevin Botham (Senior Manager) and Dr Melanie Blake (Acute Clinical Lead) and she described it as a fantastic event. “This month we had the first face to face UK Stroke Forum since the pandemic and I'm sure everyone who attended would join me in expressing just how fantastic it was. My personal highlights from the forum were listening to stroke survivors, hearing their stories in sessions like 'Humanising stroke care' and 'Insight into everyday challenges faced by younger stroke survivors'. They were powerful, inspiring, heart breaking and most importantly evidenced the importance of the need for a person centred approach to stroke rehabilitation and stroke improvement”- Claire Lee.

The sessions on 'Implementing Complex Interventions into Stroke Rehabilitation: CIMT' and the 'Vocational Rehabilitation' session focusing on the importance and delivery of VR and 'Mood and Cognitive Changes following TIA and Minor Strokes' generated lots of conversations around service pathways and quality improvements.

It was great to hear from the national team and to receive an update on the National rehabilitation pilots including an update from our East Midlands pilot at Northampton Integrated Community Stroke Service. There were 17 e-poster presentations from across the East Midlands which has inspired many others to participate in the next year’s forum.

Stroke Association

The Stroke Association helps people rebuild their lives after a stroke by providing specialist support, funding critical research and campaigning to ensure that people affected by a stroke get the best care and assistance.

The Stroke Association is delighted to be working closely with the EM ISDN and the rest of the community and acute teams across the region.



Sarah Adderley is the Associate Director for the Midlands. Her top most priority is to make sure the needs of people affected by a stroke are met. Sarah works closely with her team to ensure a good understanding of the experiences of stroke across the Midlands and highlight areas for improvement as well as sharing successes. Sarah can be contacted via email sarah.adderley@stroke.org.uk



Jess Bagguley is the Service Delivery Lead for the region and is responsible for all commissioned services across the Midlands. For any questions relating to this, please email jessica.bagguley@stroke.org.uk

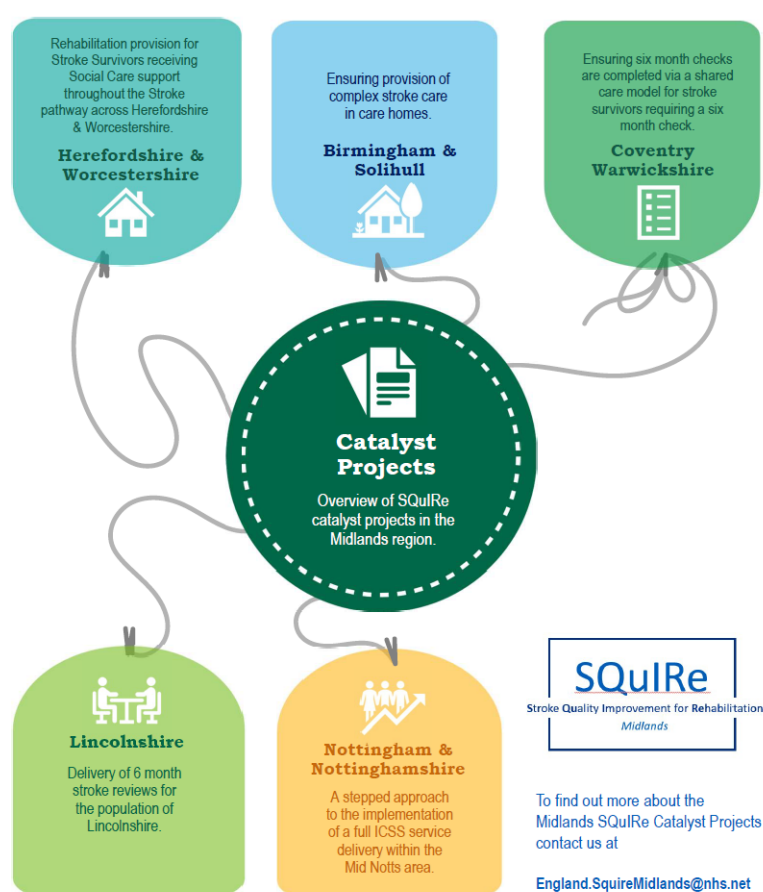


Stuart Cooper is the Midlands Engagement Lead. Stuart and his team ensure that there is greater awareness of the ways in which we can support people affected by stroke as well as leading on projects in specific areas. For more information on this, please email stuart.cooper@stroke.org.uk

In the Know

Stroke Quality Improvement for Rehabilitation (SQuIRe) Project

The national **Stroke Quality Improvement in Rehabilitation** (SQuIRe) programme seeks to improve the quality of community-based stroke care as evidenced by improving clinical outcomes and patient experience. The programme is facilitating implementation of the Integrated Community Stroke Service (ICSS) model, which has been disseminated to all Integrated Stroke Delivery Networks (ISDNs).



In the Midlands region, the SQuIRE project will:

- Deliver QI projects to unlock challenges to implementing the ICSS model
- Address gaps and priority areas identified within the region
- Work in collaboration with the three Midlands ISDNs

Since the project started in the Midlands in February 2022, your regional SQuIRE Lead (Emily Steventon- England.SquireMidlands@nhs.net) has been meeting with key stakeholders to hear the different perspectives, experiences and challenges to implementing the ICSS model.

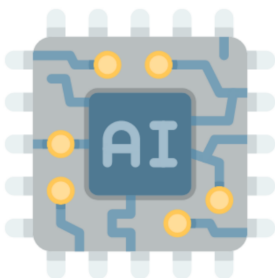
Three teams in the East Midlands have been awarded SQuIRE funding to deliver quality improvement projects. Two community teams in Nottingham & Nottinghamshire will be taking part in the 12-month pilot of the Giraffe Healthcare online platform for the remote delivery of rehabilitation services for stroke patients, and the Nottingham & Nottinghamshire ICS will be taking part in the Midlands community stroke services pathway improvement project, which will deliver a programme focused on people led change and new ways of working in community stroke services.

Emily Steventon will be circulating an end of year video communication and we will forward this on to colleagues separately.

Look out for an update on all the Midlands SQuIRE quality improvement projects in the New Year.

Artificial Intelligence

Pre-Alert Project



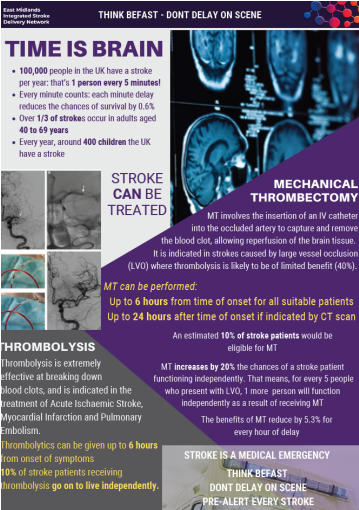
In the last newsletter we introduced you to the Viz AI project. Artificial Intelligence software will analyse the CT scans of stroke patients, swiftly identifying those potentially suitable for Mechanical Thrombectomy, thereby helping to reduce time to definitive care. Staff at NUH and Viz AI have been

The East, West and North Midlands ISDNs have been working with EMAS and WMAS to create a standardised per-alert template. This will allow ambulance clinicians to streamline the information used to alert stroke teams for all suspected stroke patients. The proforma has been piloted in the East Midlands and

working hard on the project this month and the software has now been installed. Work will continue over the next few weeks with the aim to 'go live' at NUH in early January.

At the same time, work has begun to roll out the system to the Acute Stroke Centre (ASCs) across the East Midlands. This will allow the instantaneous sharing of images and alerts between the ASCs and NUH. Staff at Kings Mill Hospital, Lincoln County Hospital, Leicester Royal Infirmary and Royal Derby Hospital have begun the approvals process required at their individual Trusts and we look forward to taking this forward in the New Year.

indicates a trend towards reduced times on scene for patients. We also hope that it will allow clinical teams to pre-request CT brain scans. The standardised pre-alert proforma was fully implemented on the 5th December and we will be closely monitoring its impact. If you have any feedback please email- EastmidlandsISDN@nuh.nhs.uk



Time is Brain- EM ISDN has been working efficiently with the EMAS to identify the current barriers to the stroke pathway along with increasing awareness of the stroke awareness activities.

There has been an increase in the number of self-presenting patients at hospital. These posters by the EM ISDN have been displayed on ambulance stations across EMAS and in A&E departments to educate staff, patient and carers.



Wellbeing Coaching Plans

Dr Melanie Blake gave a presentation on behalf of Leanna Luxton at the UK Stroke Forum, describing the tremendous benefits arising from the Wellbeing pilot running in Northamptonshire. This project looks to embed patient wellbeing into every stage of rehabilitation, resulting in much improved patient engagement and outcome.

Following the success of the project, the East Midlands ISDN has secured funding to begin replicating this project across the rest of the East Midlands. We are meeting with the training providers early in the new Year, with the initial workshop meeting to discuss this with community team leads planned for February 2023. More details to follow next month.



Save The Date

- Stroke Quality Improvement in Rehabilitation (Squire) Quality Improvement Collaborative workshops- 10th Jan, 2023

Next Issue

ISDN Workforce | BP@Home | EMAS CPD Event | SSNAP Groups | SQuiRe Events and more!



If you would like to share the fabulous work done by your teams across East Midlands or have a story, we would love to hear from you!

Working in partnership with



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For more information please contact us at:
EastmidlandsISDN@nuh.nhs.uk

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